



Welcome to KLAIPĖDA

**Finally...**

**We are all heading off to Klaipeda!**

**For some time now, we have been looking very much forward to meet you guys, but the time has come. The Blended intensive programme is finally going to become blended and intensified. Together we will deepen the topic and start working in the community as well.**

**It will be a fun experience to work collaboratively on one project.**

**Today our journey begins!**

**Nursing and Social Welfare department**





# General Information

## Important Phone numbers!

- Ina Verpiote + 37063007736
- Paulina Vasiljevaitė  
+37065964350

## In case of emergency

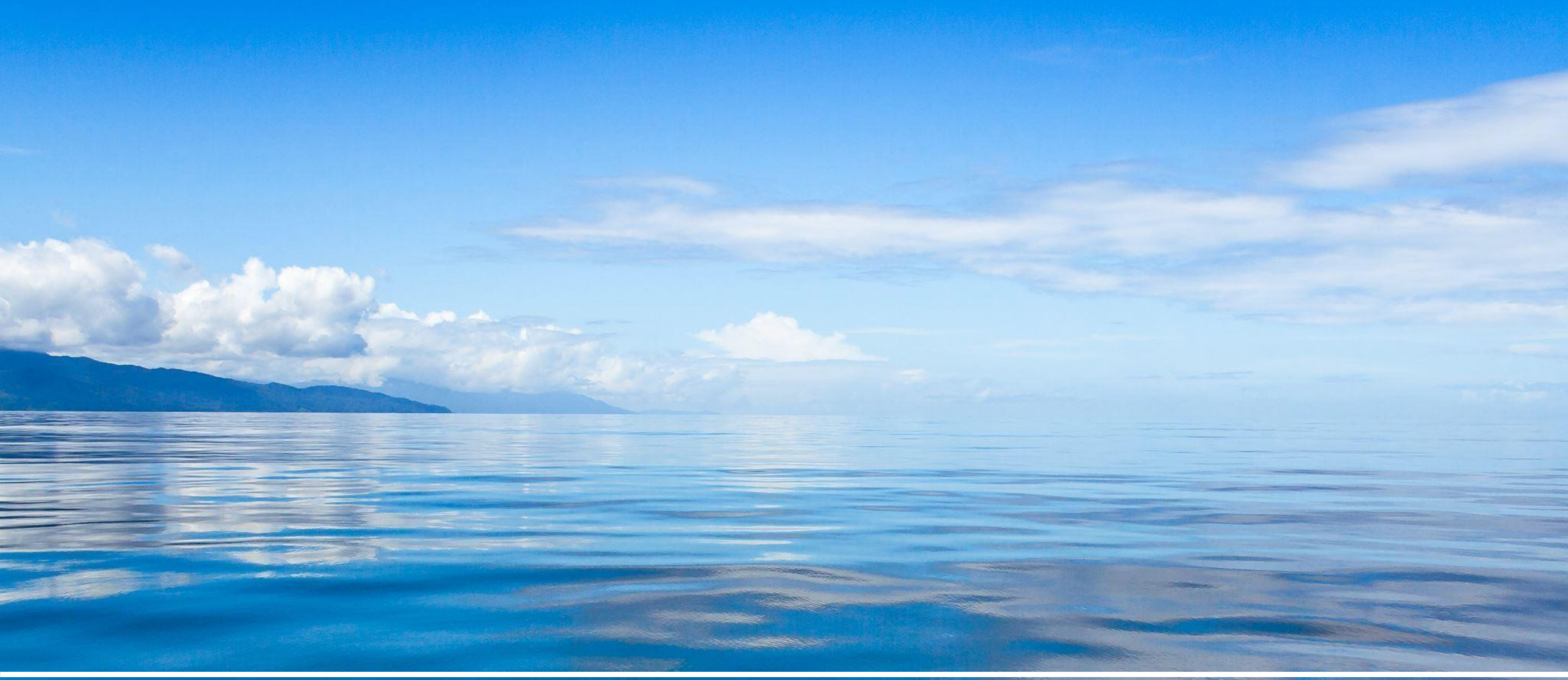




# Comfort hostel Klaipėda

- [Contact details](#)
- [Bijūnų gatvė 2a, Klaipėda](#)
- [Tel: +37067082082](#)





Sunday



# Sunday 6th APRIL 2025

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## Welcome between 4 PM -6 PM

General and practical information

# **Technology and Teamwork in the Health and Social Care Sectors**

Group of 20 Interprofessional Students





Monday





# Monday 7<sup>th</sup> of April

## 10 a.m.

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Meeting point:

Bijunu g. 10., 205 room



Lets start the day



# **Technology and Teamwork in the Health and Social Care Sectors**

***10 AM -12.30 PM***

## **Day 1: The Role of Technology in Enhancing Interdisciplinary Collaboration**

In today's health and social care environment, technology has become a crucial tool in helping professionals collaborate more effectively and deliver high-quality services. Interdisciplinary teamwork, supported by innovative solutions, enables better coordination of patient and client care, process optimization, and faster information exchange. In this lecture, we will explore how digital tools can enhance team synergy, reduce challenges, and improve both working conditions for professionals and the overall experience for patients and clients.

***205 room***

**12.30 PM -  
13.30 PM**

## **Lunch included**

Lunch will be in the buffet café on the ground floor

A close-up photograph of a hand holding a large sandwich. The sandwich is made with a thick slice of toasted, golden-brown bread. It is filled with fresh green lettuce, sliced tomatoes, and a piece of light-colored meat, possibly salmon or chicken. The background is a blurred beach scene with turquoise water and a sandy shore under a bright sky.

**Lunch**



# Technology and Teamwork in the Health and Social Care Sectors

***2 PM -15.30 PM***

Icebreaker: Team Building Games and Activities

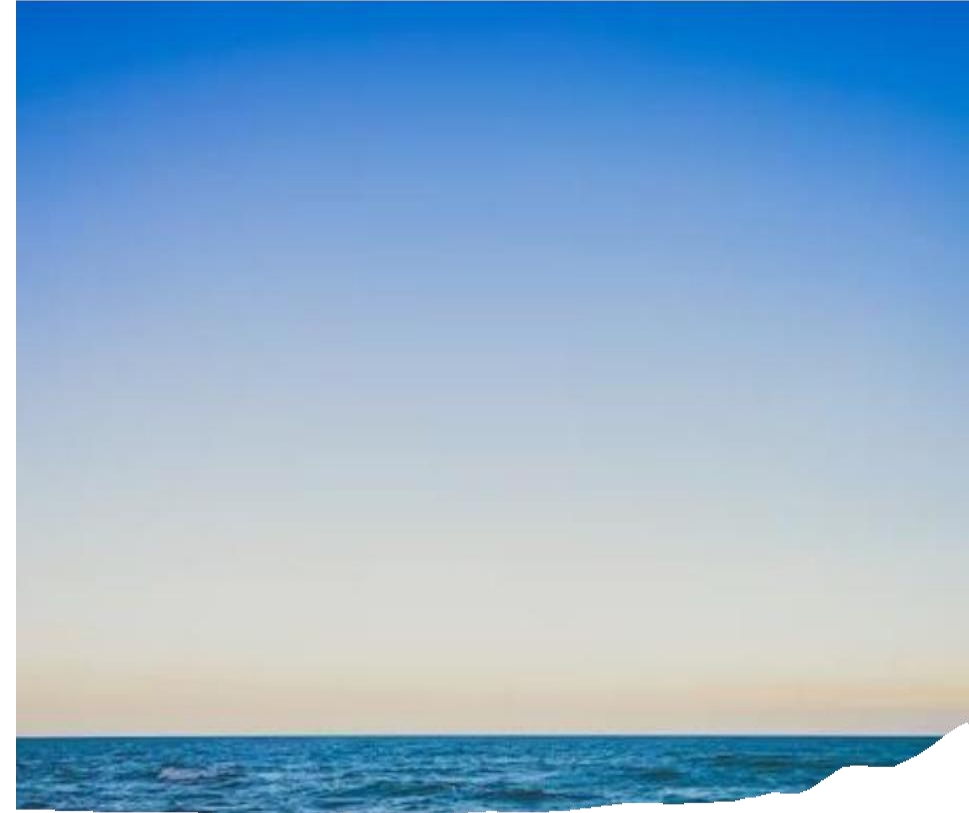
205 room



- **The Future of Health and Social Care: Vision 2075**

- Your task is to create a vision for the future of the health and social care sector 50 years from now, using innovations, technologies, and principles of international collaboration. Choose one aspect – prevention, treatment, accessibility, or mental and social health care – and design a creative solution for how these areas could evolve. You can present your vision in the form of a poster, manifesto, video presentation, or interactive scenario. The goal of this task is to encourage creative and global thinking while developing the ability to address future challenges in health and social care.





***16 PM – 17.30 PM***

***Klaipeda tour***



A photograph of a sandy beach with waves breaking in the background. The words "TIME TO RELAX" are written in the sand in a large, blocky font. The letters are formed by digging into the sand, and some of the letters have small sticks or twigs placed inside them to hold their shape. The overall scene is peaceful and suggests a relaxing vacation.

TIME TO RELAX

You are free now!





Tuesday



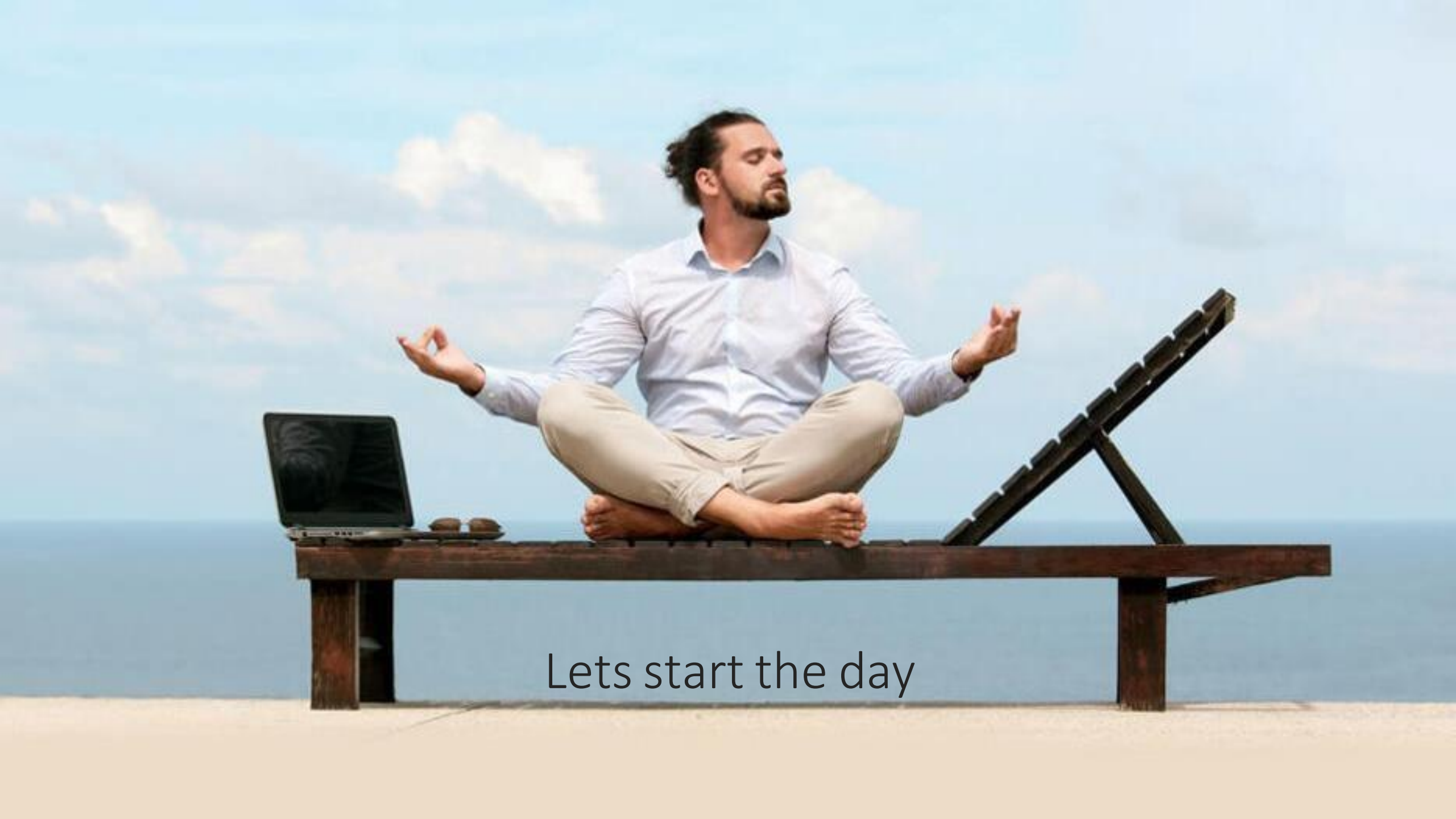


# Tuesday 8th April

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Meeting point:

Bijunu g. 10., 205 room.



Lets start the day

# Technology and Teamwork in the Health and Social Care Sectors

***9 AM -12.30 PM***

***Day 2: Innovative Problem-Solving in Multidisciplinary Teams***

Technology and Teamwork Workshop

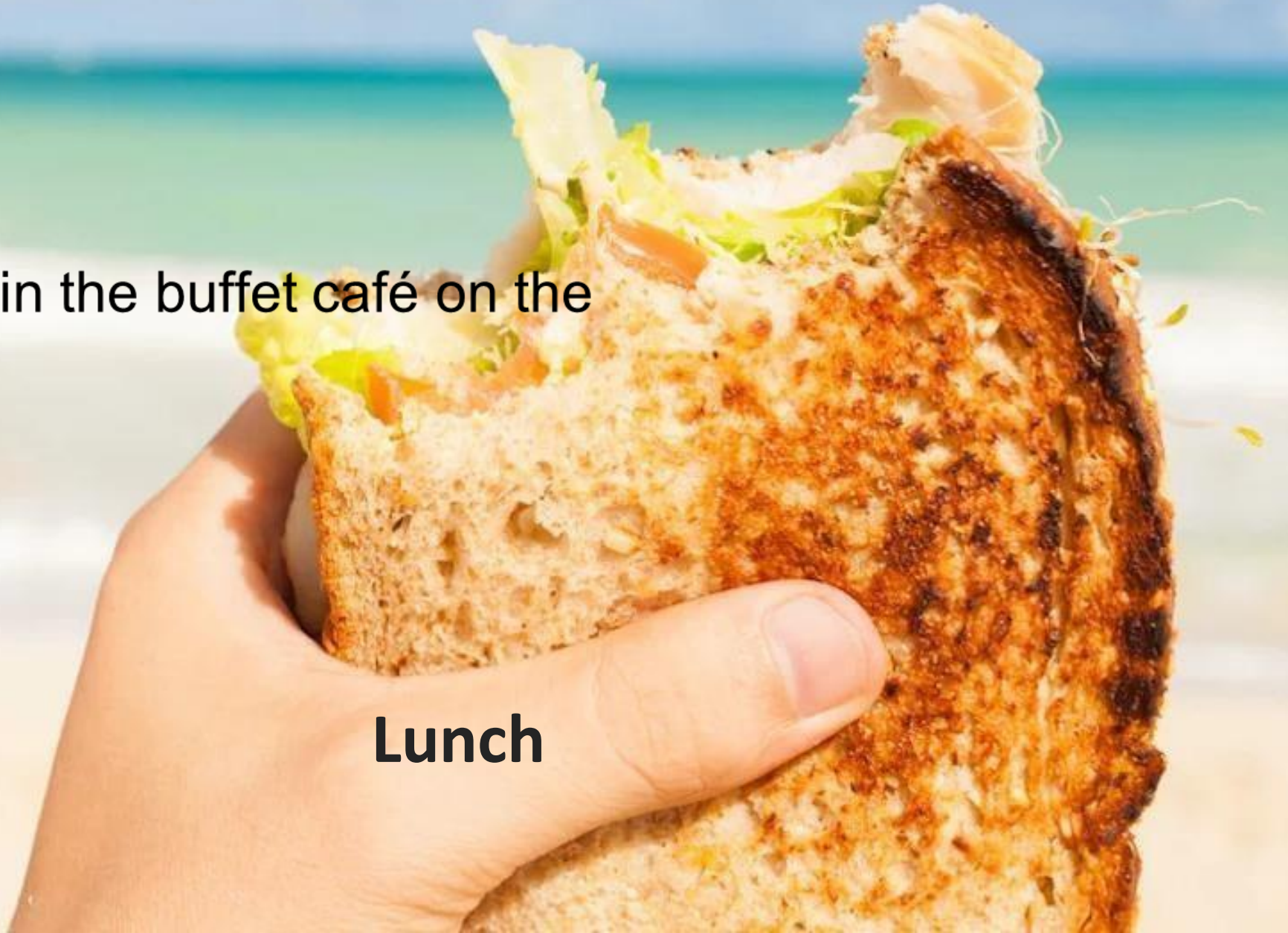
Group activities: Collaborative problem-solving exercise.



***12.30 PM -13.30 PM***

Lunch will be in the buffet café on the ground floor

**Lunch**



# **Technology and Teamwork in the Health and Social Care Sectors**

***2 PM -15.30 PM***

***Peer Feedback and Reflections on Communication Styles Lecturers:***

***Rimantė Morkūnienė, Taira Sirvydaitė***



A photograph of a sandy beach with waves breaking in the background. The words "TIME TO RELAX" are written in the sand in a large, blocky font. The letters are formed by digging into the sand, and some of the letters have small sticks or twigs placed inside them to hold their shape. The overall scene is peaceful and suggests a relaxing vacation.

TIME TO RELAX

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Wednesday



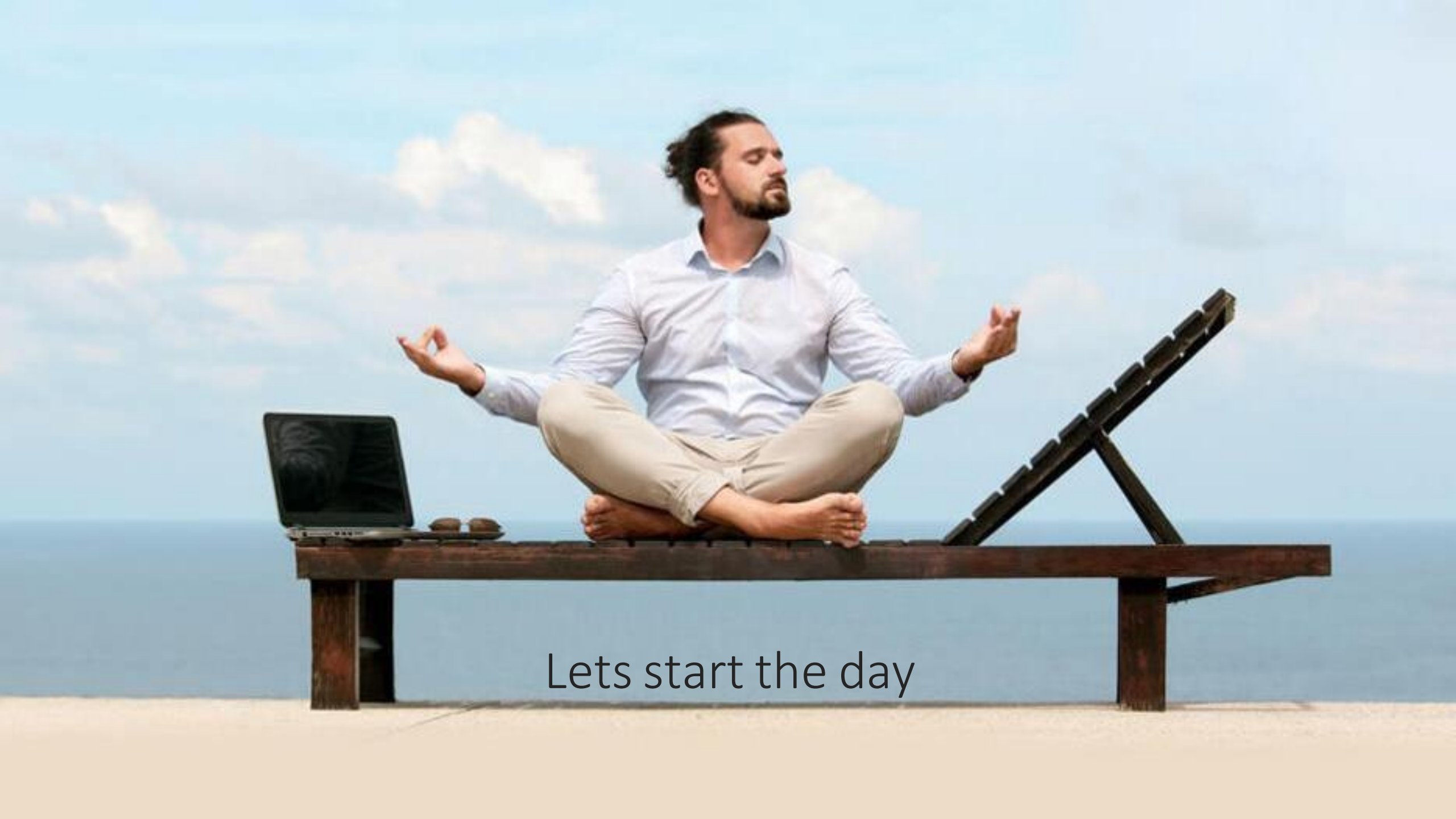
# Wednesday 9<sup>th</sup>. APRIL

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Meeting point:

Bijunu g. 10.





Lets start the day

# Technology and Teamwork in the Health and Social Care Sectors

**9.30 AM-12.30 PM**

## **Silk Therapy Workshop: Fostering Teamwork and Well-being**



This silk therapy workshop is designed to strengthen team connections and enhance psycho-emotional well-being. Participants will use silk painting techniques as a tool for communication, creative expression, and stress management.

Lecturers dr. Akvilė Virbaliienė, Aurelija Šiurienė



***12.30 PM -13.30 PM***

Lunch will be in the buffet café on the ground floor

**Lunch**



***12.30 PM -16.30 PM***

## **Interdisciplinary Workshop at Nursing Simulation centre**

**Lecturers Rimantė Morkūnienė, Taira Sirvydaitė**





TIME  
TO RELAX

You are free now!





# Thursday 10th April

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Meeting point:

Bijunu g. 10., 208 room.



All day in Palanga

10A.M- 18 P.M.






**14.00 PM – 15.00 P.M**

**Lunch included**

**Recreation and health complex in Palanga**

A close-up photograph of a hand holding a large sandwich. The sandwich is made with toasted, golden-brown bread and is filled with fresh green lettuce, sliced tomatoes, and pieces of salmon. The background is a blurred beach scene with white sand, turquoise water, and a blue sky with light clouds.

**Lunch**



# Back to hostel







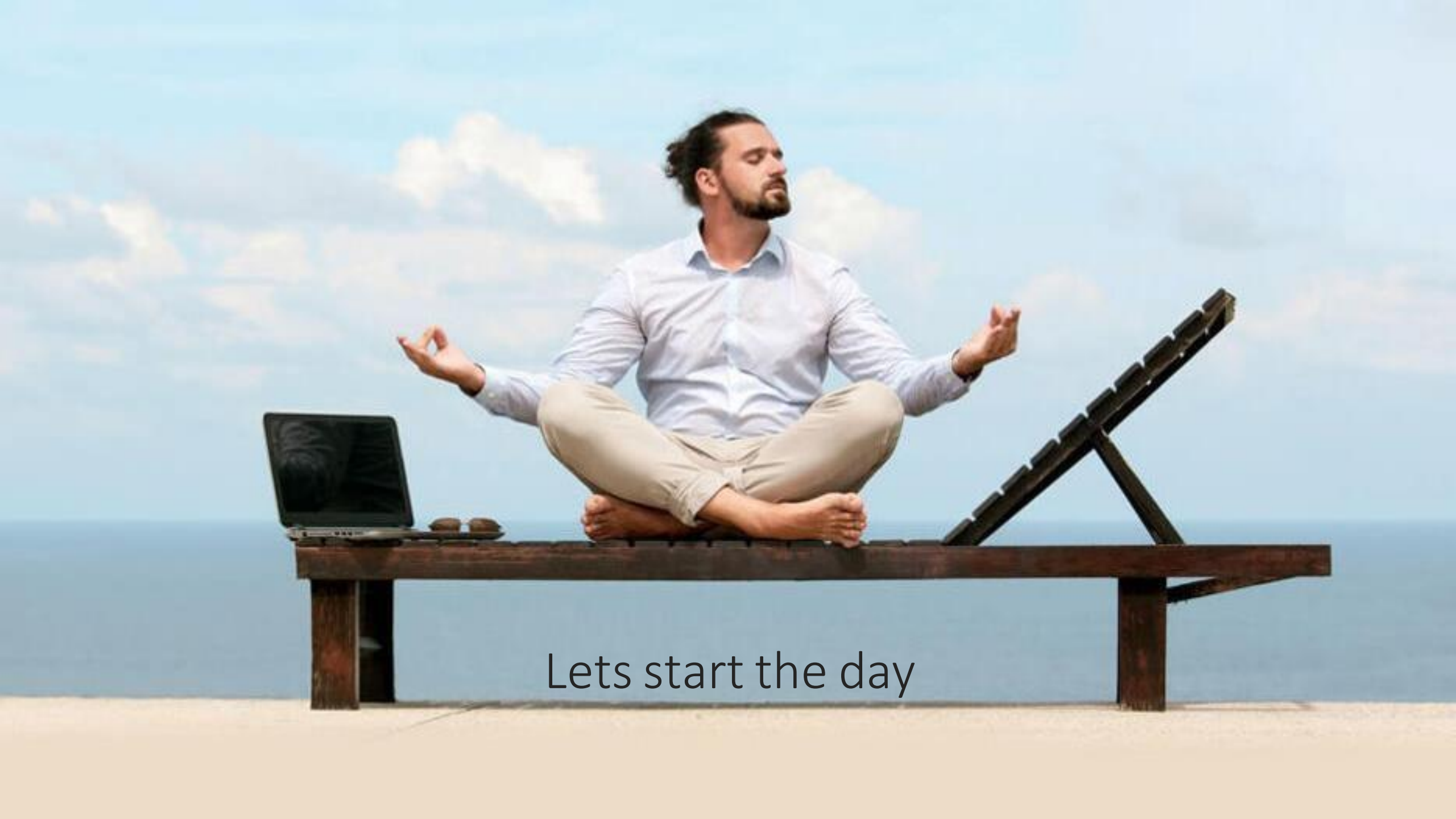
TIME TO RELAX

You are free now!





Friday



Lets start the day





# Friday 11th April

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Meeting point:

Bijunu g. 10., 208 room.

# Technology and Teamwork in the Health and Social Care Sectors

*10.0 AM -12.30 PM*

- **Projects presentations**

**Welcome to  
*Vision 2075!***





***12.30 PM***

**Lunch included**



**Lunch**

# Goodbye

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- **"Coming together is a beginning; keeping together is progress; working together is success."  
– Henry Ford**

