



## WELCOME GUIDE

**For Incoming Students** 



KLAIPĖDOS VALSTYBINĖ **KOLEGIJA / HIGHER EDUCATION INSTITUTION** 





Congratulations on starting your Erasmus+ journey at Klaipėdos valstybinė kolegija / Higher Education Institution. This guide has been prepared to assist you during your stay and help you settle in.

#### **CONTENTS**

European Union and Values	2
Faculties and Study Programmes	3
Location of the Faculties, KVK login	4
Academic Calendar, Application, Subject List	5
Erasmus at KVK	6
KVK Dormitory	7
Dormitory Rules	8
Dormitory payment	10
Visa Requirements	11
Contact List	14
How to use public transport in Klaipėda	15
ESN, ISIC, SIM card	16
How to get to Klaipeda	17
Useful apps	18
Information about Lithuania	20
Climate	21
Traditional Lithuanian Food	22





The European Union (EU) is a political and economic union of 27 European countries, aimed at fostering economic cooperation, political stability, and peace across the continent. It was established through a series of treaties, starting with the European Economic Community in 1957, and has since expanded to cover areas such as trade, human rights, environmental protection, and security. The EU operates through a set of institutions, including the European Commission, European Parliament, and European Council, working together to shape policy and laws that impact member states and citizens.

### The European Union Values:

#### • <u>Human dignity</u>

Human dignity is inviolable. It must be respected, protected and constitutes the real basis of fundamental rights.

#### • Freedom

Freedom of movement gives citizens the right to move and reside freely within the Union. Individual freedoms such as respect for private life, freedom of thought, religion, assembly, expression and information are protected by the EU Charter of Fundamental Rights.

#### <u>Democracy</u>

The functioning of the EU is founded on representative democracy. A European citizen automatically enjoys political rights. Every adult EU citizen has the right to stand as a candidate and to vote in elections to the European Parliament. EU citizens have the right to stand as a candidate and to vote in their country of residence, or in their country of origin.

#### • <u>Equality</u>

Equality is about equal rights for all citizens before the law. The principle of equality between women and men underpins all European policies and is the basis for European integration. It applies in all areas. The principle of equal pay for equal work became part of the Treaty of Rome in 1957.

#### • Rule of law

The EU is based on the rule of law. Everything the EU does is founded on treaties, voluntarily and democratically agreed by its EU countries. Law and justice are upheld by an independent judiciary. The EU countries gave final jurisdiction to the European Court of Justice - its judgments have to be respected by all.

#### Human rights

Human rights are protected by the EU Charter of Fundamental Rights. These cover the right to be free from discrimination on the basis of sex, racial or ethnic origin, religion or belief, disability, age or sexual orientation, the right to the protection of your personal data, and the right to get access to justice.

https://european-union.europa.eu/index\_en

https://erasmus-plus.ec.europa.eu/

Klaipėdos valstybinė kolegija / Higher Education Institution (KVK) is the third-largest university of applied sciences in Lithuania with a strong academic reputation. The initial target of KVK is to ensure high quality academic teaching and research facilities. The institution consists of three faculties:

## **Business Faculty**

- Accounting
- Digital Marketing
- Finance
- Logistics Management
- · Management of Organizations
- Pre-primary and Pre-school Pedagogy
- Primary Education Pedagogy
- Tourism Business

## **Technologies Faculty**

- Automobile Transport Engineering
- Construction Engineering
- Dietetics
- Real Estate Measurement Engineering
- · Electrical and Automatic Engineering,
- Food Technologies
- Informatics
- Informatics Engineering
- Mechanical Engineering

## **Health Sciences Faculty**

- Cosmetology
- Dental Assisting
- Dental Hygiene
- General Practice Nursing
- Physiotherapy
- Social Work
- Midwifery

**ERASMUS CODE: LT KLAIPED09** 







## **Location of KVK Faculties**



- <u>Faculty of Business</u>
   Jaunystės str. 1, Klaipėda
- Faculty of Technologies
   Bijūnų str. 10, Klaipėda
- <u>Faculty of Health Sciences</u>
   Dariaus ir Girėno str. 8, Klaipėda
   Bijūnų str. 10, Klaipėda (Dept. of Nursing)



## **KVK Login**

You will need computer logins to connect to KVK's computers and Wi-Fi. The computer logins will be sent to you before or upon your arrival. If not, you can ask the International Relations Department for them.

#### 2024-2025 Academic Calendar

Autumn Semester: 11.09.2024 - 05.01.2025 Spring Semester: 11.02.2025 - 07.06.2025

The academic calendar might vary depending on your study program.

### **Application**

Deadline for Erasmus+ studies application (2024-2024 spring semester): 15th December 2024

Deadline for nomination: 1st December 2024

If you wish to apply for Erasmus+ mobility:

- You must fill in the online form
- Ask your home coordinator to send us nomination for your Erasmus+ mobility.
- Send us your English language level confirmation.
- Send us your online learning agreement.

You can find a list of subjects offered in English for all study programs <a href="here">here</a>.

Please note that you can take a maximum of 30 ECTS in a semester.

### Traineeship at KVK

KVK offers traineeship placements in KVK or partner companies, hospitals, institutions.

You can find offers here.

## **Contact Person for Incoming Students**

Ms. Almeda Šinušaitė

E-mail: a.sinusaite@kvk.lt

# ERASMUS AT KVK

The International Relations Department is not just here for your mobility; you will be surprised once you interact with them!

On an Erasmus exchange at KVK, you will have fun with International Relations Department. We hold many interactives, events and activities.

Join our social networks and groups for communication and familiarization with our events!















Facebook

Instagram

Whatsapp

Youtube

TikTok

LinkedIr

kvk.lt/en

Erasmus Student Network (ESN KUK) will help you with everything, and you will have lots of fun with them. Many activities, trips, and contests organized by the International Relations Department and ESN are waiting for you!

Don't forget that ESN KUK and the International Relations Department are famous for their activities!





## Dormitory

We can offer exchange students accommodation in our dormitory.

- double or triple rooms (single rooms not available)
- single or communal bath, communal kitchen
- KVK-WIFI (password kvkerasmus)
- each room has closets, refrigerators and desks
- washing machines and dryers (free of charge)
- each student receives a new set of bedding
- the dormitory is within walking distance to supermarkets, parks and bus stops
- Accommodation in the dormitory is limited to the number of rooms available.



The dormitory has a common room which offers tables for studying, social games, ping pong, video projector, table football, books and a computer. Just next to the common room, you can find the laundry room and storage room for storing bicycles and scooters.

Price: 120 € per month.

Address: Debreceno str. 25,

Klaipeda.

In the laundry room, you can find 4 washing machines, 4 dryers, and around 6-7 laundry hangers.

Some floors have 1 kitchen, while some floors have 2 kitchens. Each kitchen is equipped with two sinks, two stovetops and two ovens, microwave oven, toaster, electric kettle, dining table, plates, cookware and utensils.



## **Dormitory Rules**

- 1. A resident of the dormitory has a right:
- 1.1. to have guests in dormitory from 8am till 11 pm, on Friday, Saturday and official holiday days till midnight.
- 1.2. to come and exit dormitory any time
- 1.3. to complain or initiate suggestions regarding the life in the dormitory to the Head of the dormitory.
- 1.4. to write a complain regarding conflict with dormitory administration to university of applied sciences administration.
- 2.10. to inform dormitory administration in case other residents do not comply with dormitory regulations.
- 2. A resident of the dormitory must:
- 2.1.to pay fees for the dormitory in time.
- 2.2.to have signed agreement for living in dormitory.
- 2.3.to maintain cleanliness and tidiness considering sanitary hygiene norms in the rooms as well as sanitary facilities and public (common) areas of use.
- 2.4.to keep quiet (meaning no disruptive music, large groups in common areas or dorm rooms, loud voices, etc.) From 11 pm till 6 am.
- 2.5.to use energy resources economically.
- 2.6.to respect reasonable requests given by the staff of the dormitory or the KVK administration.
- 2.7.to inform administration on time about moving in or out from dormitory room.
- 3.A resident of the dormitory is responsible of:
- 3.1.safety and supervision of his own personal belongings.
- 3.2.cleanliness and order, maintenance and storage of dormitory equipment, inventory and other assets in the room where they live, as well as in public (shared) premises in the dormitory area.
- 3.3.their own and their guests' behaviour in the dormitory.
- 4.A resident of the dormitory is prohibited:
- 4.1.to arbitrary move into another room.
- 4.2.to sell and / or abuse alcoholic beverages.
- 4.3.to sell and / or dizzy with narcotic, psychotropic substances.
- 4.4.to smoke (including electronic cigarettes as well) in anywhere inside the dormitory.
- 4.5.to do not treat, threaten or insult dormitory administration, other residents and / or guests.
- 4.6.to pollute and litter rooms, public (common) areas of use and dormitory surroundings as well as leave dirty dishes.
- 4.7.to change the door locks and make extra spare keys without explicit permission of the administration.
- 4.8.to accommodate outsiders in the dormitory upon his/her own will without a consent of the Head of the dormitory and other roommates.
- 4.9.to keep pets in the dormitory premises.

## **Dormitory Payment**

There are two options for making the dormitory payment:

- You can make a transfer to KVK's bank account from your own bank account.
- You can go to Lietuvos Paštas or Swedbank and do the transfer by cash.

You should do the transfer to this account:

Institution: Klaipedos Valstybine Kolegija

Account No. LT 807300010074178978

Bank "Swedbankas" Code: 73000

The payment for the dormitory is divided into two groups:

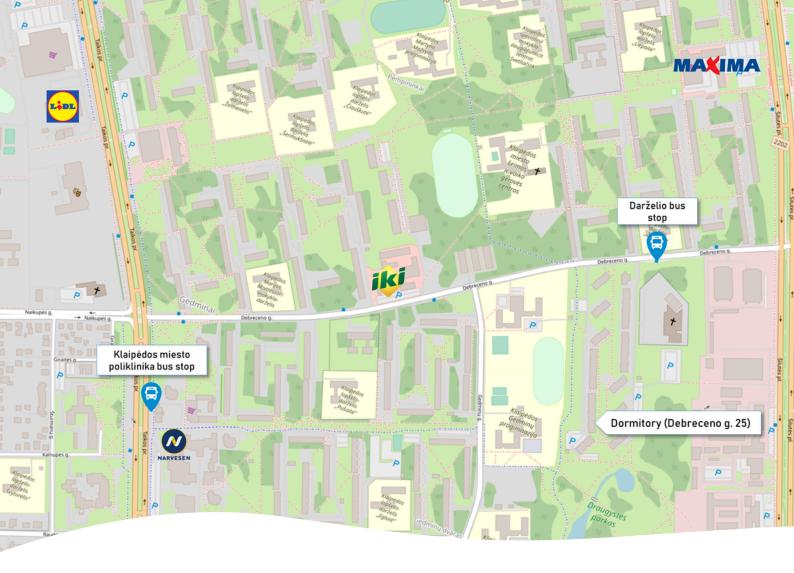
If you check in from 1st to the 15th of the month - you pay full price, if you check in on 16-30 you pay half the amount.

The same with check out from the dormitory:

If you check out from 1-15 - you pay half the amount, and if you check out from 16-30 - you pay full price.







#### How to go to each faculty from the dormitory?

Faculty of Business: You can walk to the Klaipėdos Miesto Poliklinika bus stop and take the Bus 18 - Panevezio direction and get off the bus at Jaunystes stop.

Faculty of Technology: You can either walk to Klaipėdos Miesto Poliklinika and take the bus 4-6-8-10-18 or walk to Darželio and take the bus 12 and get off at Vėtrungės stop.

Faculty of Health Sciences: You can walk to Klaipėdos Miesto Poliklinika and take the bus 9 - Ligonines direction and get off at Baseino stop.

The entrance to the dormitory is on the back side of the building.

#### Accommodation outside the dormitory:

We can assist you in finding accommodation outside the KVK dormitory.

Rent of an average one-roomed flat costs about 200-300 € plus additional fees, two-roomed flat costs about 250-400 € (it depends on location), plus additional fees (electricity, water, gas, etc.).

#### You can look for flats and rooms at:

www.aruodas.lt www.butu-numa.com www.bustonuoma.lt www.skelbiu.lt

## Visa Requirements

As an EU member state, Lithuania is part of the Schengen Area.

Therefore, EU citizens can visit Lithuania and stay here for an unlimited period but are required to register with the local authorities after 3 months.

Non-EU students (degree seeking or EU exchange programme (Erasmus+) lasting more than 3 months participants) need a National multiple entry D type visa in order to arrive to Lithuania. They have to apply for it at the closest Embassy of Lithuania before arrival. Students with National D-type visas can reside in Lithuania for up to 12 months and can travel to other Schengen countries (for up to 90 days in total).

Please check the website of the Lithuanian Embassy in your country to get detailed information about visa requirements.



Visa Requirements will be found here: <a href="https://keliauk.urm.lt/en">https://keliauk.urm.lt/en</a>



#### **Contact Details**

#### **International Relations Department**

Jaunystės str. 1, Klaipeda - Room 122

Jūratė DanielienėAlmeda ŠinusaitėIna Varpiotė(incoming and outgoing staff)(incoming students)(outgoing students)j.danieliene@kvk.lta.sinusaite@kvk.lti.varpiote@kvk.lt+37063007720+37065967260+37063007736

#### **Dormitory**

Debreceno str. 25, Klaipeda - Room 120 (Office of the Dormitory Administrator)

Areta Galdikienė Jūratė Pėkautienė

Head of Dormitories Administrator of Debreceno dormitory

a.galdikiene@kvk.lt j.pekautiene@kvk.lt +37065615214 +37063007712

#### **IT Department**

Jaunystes str. 1, Klaipeda - Room 125

Ernestas Galdikas Inesa Sereikaitė

Head of IT Department Administrator of Systems

e.galdikas@kvk.lt i.sereikaite@kvk.lt +37063007706 +37065511803

#### **Deans of the Faculties**

Jurgita Kasparienė Vijolė Bradauskienė Asta Mažionienė
Business Faculty Technologies Faculty
j.kaspariene@kvk.lt v.bradauskiene@kvk.lt a.mazioniene@kvk.lt
+37065634092 +37065219558 +37065018276

#### **Heads of Departments**

#### **Health Sciences Faculty**

Physiotherapy and Cosmetology Department (Cosmetology, Physiotherapy) Simona Urbonienė

s.urboniene@kvk.lt

+37061024062

Dariaus ir Girėno str. 8, Room 32

Nursing and Social Welfare Department (General Practice Nursing, Social Work and Midwifery)

Akvilė Virbalienė

a.virbaliene@kvk.lt

+37061003126

Bijūnų str.10, Room 118

Oral Care Department (Dental Hygiene, Dental Assisting)

Monika Balčytienė

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Dariaus ir Gireno str. 8, Room 31

#### **Business Faculty**

Pedagogy Department (Pre-school and Pre-primary School Pedagogy, Primary Education Pedagogy)

Audronė Čistienė

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+37069928973

Jaunystės str. 1, Room 212

**Business Administration Department** 

(Tourism Business, Digital Marketing, Logistics Management, Management of Organizations)

Mantas Saltykovas

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+370 (605) 82213

Jaunystės str. 1, Room 214

Finance and Accounting Department (Finance, Accounting)

Sabina Jurkaitiene

s.jurkaitiene@kvk.lt

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Jaunystes str. 2, Room 405

#### **Technologies Faculty**

Mechanical and Transport Engineering department (Automobile Transport Engineering, Mechanical Engineering)

Jūratė Liebuvienė

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+37065520597

Bijunu str. 10, Room 224

Informatics and Electrical Engineering department (Electrical and Automation Engineering, Informatics, informatics Engineering)

Daiva Stanelytė

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+37065030653

Bijunu str. 10, Room 312

Environment and Civil Engineering department (Construction Engineering, Real Estate

Measurement Engineering)

Dainora Jankauskienė

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+37065546546

Bijunu str. 10, Room 229

Food Technologies and Nutrition department (Food Technologies, Dietetics)

Sigute Ezerskiene

s.ezerskiene@kvk.lt

+37065538385

Bijunu str. 10, Room 324A

All other contact details can be found here:

Contacts - Klaipėdos valstybinė kolegija / Higher Education Institution (kvk.lt)

https://www.kvk.lt/en/contacts/

## How to use public transport in Klaipėda

You can buy a bus card from Narvesen or Lietuvos Spauda stores. The card itself costs 2€ while a monthly student ticket costs 5,60€ (not valid on lines that start with M). You might be asked to show your ISIC card when buying the card, and there are random ticket controls in buses, so it is highly recommended that you carry your ISIC card with you at all times.



You can buy short term e-tickets on 'e-Ticket Klaipėda' app for 1 day - 0.60 €, 3 days - 1.40 €, or 7 days - 2.60 €. Also, monthly tickets available (5,60 €).





You can top up your card with monthly tickets from Narvesen and Lietuvas Spauda stores or on the app. It costs 5,60€. Also you can buy single ticket here (0.60 €).



You can download the app 'Trafi' to see bus routes and schedules or track buses in real time.





#### **ESN Card**



ESN Card is the membership card of the Erasmus Student Network (ESN). It's also used as a discount card (Ryanair, FlixBus) in many cities and countries around Europe. You can buy ESN Card from KVK International Relation Department.

Cost: 10€

#### **ISIC Card**



You can order ISIC at home or <u>online</u>. Your ISIC cards can be collected from post office or parcel machines or International Relation Department.

There are couple ways to get this card. We recommend you to order this card in your home country. Also, you can order this card upon arrival to Lithuania. It takes 1-2 weeks to receive a physical card, but you can order and use a virtual card.

With this card you can receive different discounts such as public bus train, KFC, McDonalds.

Cost: around 11€

#### SIM Card

You can buy a SIM card at almost every supermarket for around 4-6€ with a monthly plan. To activate your SIM, you can follow the instructions written in the package.

In airports, you can buy a SIM card at Narvesen.





VNO

KUN

**PLQ** 

RIX

Vilnius Airport Kaunas Airport Palanga Airport

Riga Airport

Palanga International Airport (PLQ) is the closest airport to Klaipėda. There are regular flights to Copenhagen, Oslo, Riga, London Luton and Stansted throughout the year. Additional routes operate during the summer season. You can take the bus nr. 31 or order a Bolt or taxi to get to Palanga Airport.

There are regular flights to all main European cities from Kaunas (KUN) and Vilnius (VNO) airports. Additionally, Riga (Latvia) International Airport (RIX) is located within 230 km away from Klaipėda, which can easily be reached by local airport shuttle service buses, regular buses, or direct flights from Palanga airport.

## 🜉 By Bus

It takes around 4 hours to reach Klaipėda from Vilnius or Kaunas by bus.

You can buy intercity bus tickets from autobusubilietai.lt

You can use Ollex airport shuttle buses to reach Klaipėda directly from Vilnius, Kaunas and Riga airports.

European bus company Ecolines has routes to major cities in Europe.

## **4** By Train

Trains operate in Klaipėda each day from/to Šiauliai, Šilutė and Vilnius. It takes 4 -4,5 hours to go from Vilnius to Klaipėda by train and student ticket prices vary from 12,40€ to 35,30€. You can get your ticket on <a href="ttglink.lt">ttglink.lt</a>. Make sure that you have your ISIC card with you.

## By Ferry

Ferries arrive in Klaipėda from Kiel and Sassnitz in Germany and Karlshamn in Sweden. The International Ferry Terminal is located about 12km south of the city center.

When you buy an intercity bus or train ticket with discount, make sure that you have your physical or virtual ISIC card available.

## Useful apps!

We would like to recommend you to download couple apps on your phone and make the registrations there.



#### Trafi

public transport app which will help you to use public bus in Klaipeda. It works also in Vilnius, Kaunas, Riga, ect.



#### e.tickets Klaipeda

You can buy e.tickets for public transport in Klaipeda. It gives you the lowest price.



#### Bolt

Taxi and food delivery app. Also works with scooters. Works in Klaipeda, Vilnius, Kaunas, ect.



#### eTAKSI

Taxi app. Gives good prices.



#### citybee

You can rent a car in this app just by choosing the closest car and opening it with your phone device. No human contact or additional agreements with the company is needed.



#### Klaipeda Audio Guide

Gives lot of recommendations on visiting places, events, accommodation and catering options, ect.



#### Klaipeda Heritage Guide

Gives info about Klaipeda heritage.



#### MAPS.ME

Offline maps. Before coming to Klaipeda, you can download the map of Klaipeda, and you will be able to see map, hotels, restaurants and other without internet. Works in all the world.



#### **WOLT**

Food delivery app.

## Information about Lithuaria

Euro (€) Currency

2.79m Population Vilnius Capital

#### **KEY FACTS ABOUT LITHUANIA**

• Official language: Lithuanian

Time zone: UTC+2Dialing code: +370

• Traffic: right-handed

Standard voltage: 230 V

• Emergency Number: 112

• Member of the EU, NATO, Schengen, the UN and the

**OECD** 



#### PEOPLE

- We are all about walking the walk
- Talent is our (super) natural resource
- Enjoying freedom 110%
- Getting recharged in nature

#### **ECONOMY**

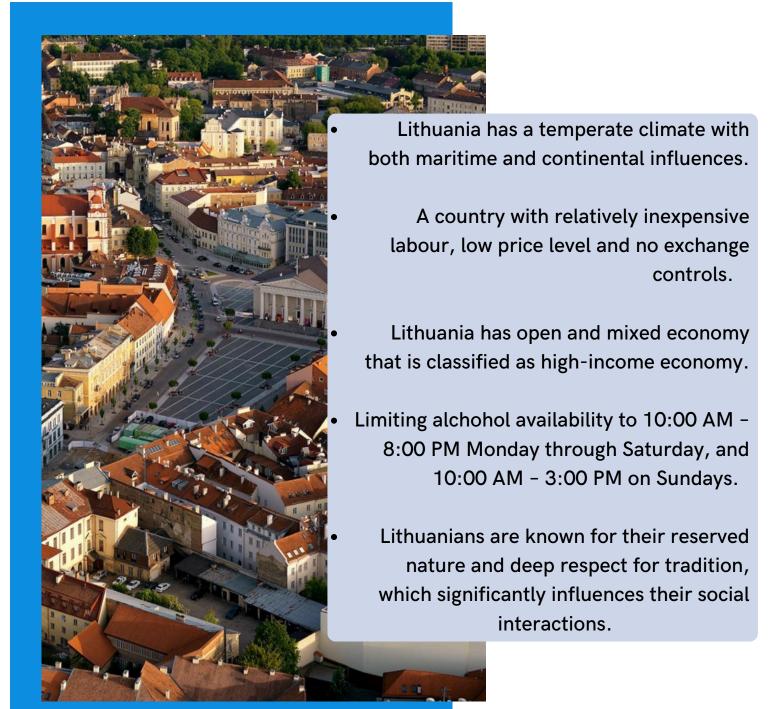
- A growing innovation ecosystem
- It's easy to do business in Lithuania
  - A great system to innovate
    - World-class talent

#### **HISTORY**

- Lithuania a name first coined 1,000 years ago.
- A historically welcoming and collaborative nation.
- A realm uniting diverse peoples and lands
- The singing revolution that accelerated the Soviet Union's demise
- Lithuania was once Europe's largest country during the 15th-16th centuries



### **FACTS TO KNOW BEFORE VISITING LITHUANIA**



## **Climate**

Summers can be nice and warm with temperatures reaching +25C and up, but can be cold and rainy at only +16 on some days.

The cold season in Lithuania can start as early as November and last till April, in extreme cases even till May. Temperatures can dip as low as -20C during deep winters.

The best time to visit Lithuania, aside from beach holidays, is September - October. The temperatures at this time of year are usually very pleasant. October can be especially eye-pleasing with the burst of autumnal colours covering parks, fields, and forests.

July – August months are the most favourable summer months for the sun seekers. During hot summers, the sea temperatures can get up to around +21C at its warmest.









# TRADITIONAL LITHUANIAN FOOD



**Bulviniai Blynai (Potato Pancakes)** 



Cepelinai (Potato Dumplings)



**Kepta Duona (Fried Bread)** 



<u>Šaltibarščiai (Cold Beetroot Soup)</u>



<u>Šakotis (Spruce-tree cake)</u>



Skrudzėlynas (Anthill cake)